

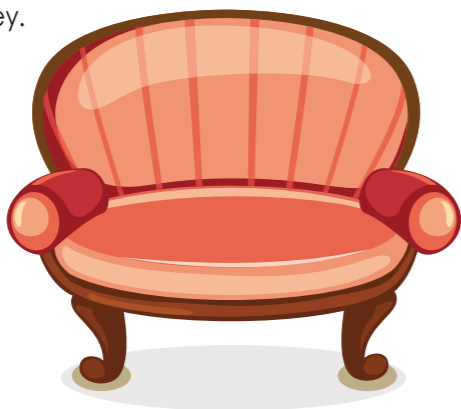


Water Saving Tips

- ♻️ **Take a short shower** rather than a bath could save you up to 400 litres a week. If you do have baths, just half fill them.
- ♻️ **Keep water in the fridge** so that you do not need to run water down the sink to have a cold drink.

Reduce, re-use, recycle

- ♻️ **Buy "refills" for washing / washing machine liquids** - not only are you saving the environment it will save you money.
- ♻️ **Is that old sofa really rubbish, can someone re-use it?**
Can you sell it? – contact Furniture Mine on 01782 846111 to see if they will collect it and re-use it for low-income families.



By writing to
Aspire Group Head Office
Kingsley, The Brampton
Newcastle-under-Lyme,
Staffordshire ST5 0QW.

By visiting our offices
43-45 Merrial Street, Newcastle-under-Lyme, ST5 2AE.

How to contact us

By telephoning 01782 635200
By minicom 01782 854993
By fax 01782 715498

By emailing us
enquiries@aspirehousing.co.uk

Via our website
www.aspirehousing.co.uk

Top-Tips

SAVING MONEY AND THE PLANET!



Help save the planet and cut £££s off your household bills.

Cut energy use at home by following our simple tips.

Less electricity, gas or oil used in the house means we produce less of the harmful gases which are causing damage to the environment.

Lower energy use also means lower bills – a great way to save money while times are tough.

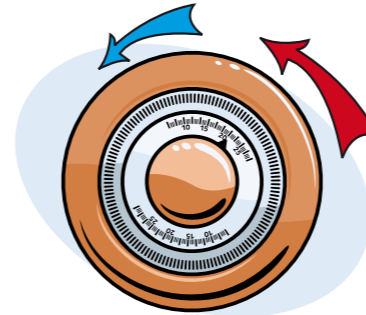
Aspire Housing is supporting customers to cut their energy use, increase recycling and reduce the amount of waste going to landfill.

Aspire fits top-rated energy efficient boilers as standard when doing replacements, it helps customers to recycle and is working with suppliers to minimise the waste created by maintaining and upgrading homes.

You can find more ways to save fuel and money from the Energy Saving Trust. Contact them at www.energysavingtrust.org.uk or call 0800 512 012.

Heating and hot water

♻️ **Turn your thermostat down** by 1°C could cut your heating bills by up to 10 per cent saving around £50 per year.



♻️ **A dripping hot water tap** wastes energy and in one week wastes enough hot water to fill half a bath, so fix leaking taps and make sure they're fully turned off!

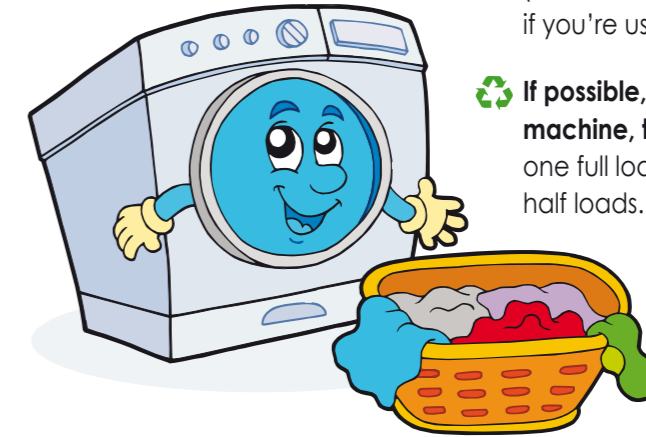
♻️ **Put on a jumper or socks in bed!**
To help you keep warm, and only turn on the boiler when you're at home.



In the kitchen

♻️ **Only boil as much water as you need** (but remember to cover the elements if you're using an electric kettle).

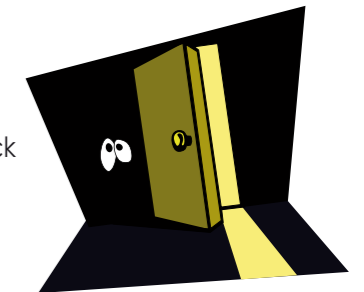
♻️ **If possible, fill up the washing machine, tumble dryer or dishwasher:** one full load uses less energy than two half loads.



Throughout the house

♻️ **Close your curtains at dusk** to stop heat escaping through the windows and check for draughts around windows and doors.

♻️ **Always turn off the lights** when you leave a room.



♻️ **Don't leave appliances on standby** and remember not to leave laptops and mobile phones on charge unnecessarily.

♻️ **Use energy saving lightbulbs.** They last 10 times longer and they can save you £45 in electricity per bulb.